

# VAKRATUNDA MAHAKAYA MANTRA



VAKRATUNDA MAHAAKAAYA SURYA KOTI  
SAMAPRABHA

NIRVIGHNAM KURU ME DEVA SARVA KARYESU  
SARVADA

## BEFORE YOU START CHANTING

- Bath or Wash your hands and feet. You must be clean!
- Always face East or North when chanting.
- Devote yourself completely to Lord Ganesha and feel the protection and love of the Universe.
- Look at a picture of Lord Ganesha or look up at the sun in the sky and when chanting.
- Chant this mantra for at least 40 Days and 108 times a day (you can chant 216 324 times or even more); and use meditation mala with 108 beads to help you to count.
- Chant daily, before the first meal.
- Let thoughts pass you by, do not dwell on the past or future; concentrate on your mantra; and count the repetitions.

**FIND OTHER MANTRAS ON:**

[www.UnifyCosmos.com](http://www.UnifyCosmos.com)